

GULF MASTERS SWIM COMMITTEE MEETING

APPROVED 1/12/2025

USMS Mission: Empower adults to improve their lives through swimming

Jan 7, 2025 Zoom Meeting at 6:30 pm

The meeting was called to order at 6:32 PM

Nicole welcomed all attendees, attendance was taken, all members present are certified to vote.

Gulf Officers present: Nicole Christensen (Chair, Communications-Webmaster), Stacey Eicks (Vice-Chair), Kris Wingenroth (Secretary), Karlene Denby (Treasurer, Communications Chair/Newsletter, Fitness Chair)

Gulf Committee Chairs present: Linda Visser (Membership Coordinator, Top Ten), Patrick Harrington (Coach's Chair), Andreas Lorenz (Long Distance Chair), Anna Bass (Diversity & Inclusion Chair), Herb Schwab (Officials)

Team Representatives present: none

Not present: Kevin Lunsford (Sanctions), Alana Wilson (Social Media Chair), Jill Gellatly (College Club Liaison),

1. **MINUTES** from the 12/7/2024 annual meeting were approved. (unanimous)

2. **OFFICER & CHAIR REPORTS:**

1. **Chair** – Nicole Christensen –

Reminder that under My Account when you log into USMS, you have access to Add-Ons and Upgrades which also now includes Video Stroke Analysis.

Also, LaneMate did a soft launch on December 16th and marketing will start to ramp up the later half of this month. You can check it out on the LaneMate website: lanemate.org

All appointed Chair positions will continue to be filled with the same people as in 2024. Thank you Karlene (Fitness & Newsletter), Linda (Membership & Top Ten), Kevin (Sanctions), Herb (Officials), Patrick (Coaches), Andreas (Long Distance & Open Water), Anna (DE&I and ALTS), Alana (Social Media) and Jill (CCS Liaison). I will continue to do the website and email communications.

2. **Vice Chair** – Stacey Eicks – Stacey will talk with the WMST Board about inviting non-members to an “open” workout. She pointed out that all their workouts are open to any USMS member for a \$10 drop-in fee.
3. **Treasurer** – Karlene Denby - We currently have a total of \$75,969.87. This consists of cash-checking acct. = \$6101.59, cash-savings acct. = \$5611.63 and 3 CDs totaling \$64,256.65.
4. **Membership Coordinator** – Linda Visser As of 1/7/25, we have 552 registered members (287 men, 266 women) and 28 registered clubs. The Gulf paid the 2025 registration fees for the clubs.
5. **Top Ten** – Linda Visser – no report
6. **Sanctions** – Kevin Lunsford – no report
7. **College Club** – Jill Gellatly – no report
8. **Fitness** – Karlene Denby – 39 swimmers signed up for GSU currently.
9. **Open Water/Long Distance** – Andreas Lorenz – 1-Hour Virtual Challenges are coming up on Jan 18th and 25th [Gulf Masters Swimming - Home](#). For 2025, Andreas also plans to hold a 5000/10,000 fitness swim in June, a 6000/3000 swim in September, and on open water practice in a long course pool.
10. **Coaches/Club** – Patrick Harrington – MAC is considering holding an open water swim practice session at their pool. He will discuss this with Andreas.

11. **Diversity and Inclusion** – Anna Bass – Anna would like to hold weekly ALTS classes in April, ALTS month. She needs pool access and assistant instructors. She will explore if USMS might provide her free latex caps for class participants and would like a budget to cover the expense of providing participants with goggles. She is also interested in helping facilitate an open water swim practice in a lake. Nicole will approach SHAC about possible pool time for both ALTS classes and a pool open water practice. \$100 was added to the D,E & I budget.
12. **Newsletter** – Karlene Denby – Fall Newsletter was posted [Newsletter](#)
13. **Social Media** – Alana Wilson – no report
14. **Officials** – Herb Schwab – no report

3. South Central Zone:

1. The [2025 Grand Prix Open Water Series information](#) is posted on the Zone website with three races still working out details.
2. The [Spring Zone Champs Champs is here in Houston on April 4 – 6, 2025](#) and the Summer Zone Champs is in San Antonio on July 11 – 13, 2025. Early Bird Deadline for Spring Champs is midnight on January 20th.
3. Nominations can be sent in for the 2024 Jesse Coon Award until June 1, 2025. [See complete information here.](#)

4. NEW BUSINESS:

1. **Swim Clinics:** Kris made a proposal that the Gulf organize swim clinics to be taken to Gulf teams. The Gulf would provide a coach or two to run a clinic at the team's pool, during the team's regularly scheduled practice time. This would bring a benefit to a variety of members in a manner that is convenient to them and could help build a relationship between our teams, coaches and the Gulf organization. The concept was received favorably. Four clinics for 2025 was suggested as a goal. It was determined that the amount already budgeted in the "Swim Clinic" line item (\$1000) was sufficient at this time.
2. **2025 Annual Budget:** A draft 2025 Budget was presented by Karlene. The budget presented was reviewed and the following line items were adjusted: USMS Annual meeting expense to \$2400, Relay expense to \$2400, Diversity and Inclusion to \$300. Motion to approve the 2025 budget as amended: Karlene, second Andreas. Motion approved unanimously. (see attached)
3. **Gulf Policy Updates:** Kris reviewed the Gulf policies and found a few items that needed to be updated. She presented the proposed revisions. Motion to approve the Gulf policies as presented: Stacey, second Andreas. Motion approved unanimously. (see below)
4. **New Club Fee Proposed Policy:** Kris proposed that since the Gulf had paid the club registration fees for the Gulf teams the past two years, that this should be codified as a policy. She proposed a policy for the Gulf to automatically pay the annual club registration fees for Gulf Clubs with five or more members and to review annually clubs that have fewer than five members in order to determine if their fee should be paid. The proposal was amended to add the phrase "in September" as the time to review any clubs with less than five members. Motion to approve, as amended: Andreas, second Patrick. Motion approved unanimously. (see below)

5. **The next Gulf Meeting will be on Tuesday March 11th at 6:30 PM. It will be in person with location TBD.**

The meeting was adjourned at 7:37 pm

ITEMS APPROVED:

APPENDIX ONE

2025 Fee Schedule	Total	USMS portion	LMSC portion
Individual Membership Fee	\$ 75	\$ 63	\$ 12
Club Membership Fee	\$ 75	\$ 63	\$ 12
One Event Membership Fee	\$ 20	\$ 16	\$ 4
Transfer Fee	\$ 0	\$ 0	\$ 0
Pool Sanction Fee*	\$ 0	\$ 0	\$ 0
Open Water Sanction Fee *	\$ 0	\$ 0	\$ 0
Recognition Fee	\$ 100	\$ 100	\$ 0
* USMS eliminated sanction fees as of 2025			

REGISTRATION:

The individual registration fee shall be set annually by the USMS House of Delegates. (5/2/12, 11/18/20)

The one-event registration fee shall be set annually by the USMS House of Delegates. Unless approved by the Gulf Board of Directors, one-event registrations may only be used for open water events. and the Woodlands Relay meet. (2/20/08, 11/18/20, 1/7/25)

The club registration fee shall be set annually by the USMS House of Delegates. (5/2/12, 11/18/20)

~~The Membership Coordinator shall present the Treasurer any monies collected within two weeks of receipt. (3/27/19, 9/26/19)~~

~~Individual and club registrations shall be processed within 14 days of receipt, including mailing paper copies of USMS cards. (3/27/19)~~

Any change in the position of Membership Coordinator shall be reported to the USMS Membership Director as soon as known. (3/27/19, 9/26/19)

Club Fee Registration Policy

To the extent that the annual budget allows, the Gulf LMSC shall pay the renewal club registration fee for all clubs registered in and physically located within the Gulf LMSC, that have five or more registered members. Clubs with less than five registered members, shall be evaluated annually, **in September**, to determine if paying their renewal registration fee is in the best interest of the Gulf. (1/7/2025)

UPCOMING EVENTS SCHEDULE:

Zone Wide Pool Competitions:

- Jan 24, 2025 [First Chance LC Invitational \(Arkansas\)](#)
- Jan 24-25, 2025 [Arkansas Masters SCM Invitational \(Arkansas\)](#)
- Jan 26, 2025 [Far Out 100 \(North Texas\)](#)
- Feb 2, 2025 [NT Masters Fast Five Pentathlon \(North Texas\)](#)
- Feb 16, 2025 [Sweetheart Swim SCY \(Gulf\)](#)
- Feb 23, 2025 [Farther Out 1650](#)
- Mar 8, 2025 [March Madness \(Gulf\)](#)
- Apr 4-6, 2025 [South Central Zone Spring Championships \(Gulf\)](#)
- Apr 24-27, 2025 [USMS 2025 Spring Nationals \(South Texas\)](#)
- Jun 1, 2025 Graham Johnston Invitational (Gulf)
- Jul 11-13, 2025 South Central Zone Summer Championships (South Texas)

Open Water Swims:

- Apr 13, 2025 Lake Longhorn Round Up – 2025 Grand Prix #1 – League City, TX
- May 4, 2025 Destination Boerne – 2025 Grand Prix #2 – Boerne, TX
- May 18, 2025 Swim De Mayo – 2025 Grand Prix #3 – Grand Prairie, TX
- Jun TBA Shark Attack #1 – 2025 Grand Prix #4 – League City, TX
- Jul 13, 2025 OWS Challenge – 2025 Grand Prix #5 – Cedar Hill, TX
- Sept 20-21, 2025 OZ Mile(s) – 2025 Grand Prix #6 – Eureka Springs, AR
- Oct TBA Shark Attack #2 – 2025 Grand Prix #7 – League City, TX

2025 National and World Competitions:

- Apr 24 – 27, 2025 2025 USMS Spring Short Course Nationals San Antonio, TX
- July 24 – Aug 4, 2025 2025 Senior Games (specific swim days unknown at this time) Des Moines, IA
- July 26 – Aug 14, 2025 2025 World Aquatics Masters Championships Singapore
- Aug 6 – 10, 2025 2025 USMS Summer Long Course Nationals Federal Way, WA

USMS Events:

- Sept 12 – 14, 2025 USMS Annual Meeting: Kansas City, MO
- October 24 – 26, 2025 USMS Relay Meeting: Kansas City, MO

Gulf Masters Swim Committee - 2025 Budget

Prepared by Karlene Denby						
		2023 Budget	2023 Actual	2024 Budget	2024 Actual	2025 Budget
Income		1/31/2023	12/31/2023	1/11/2024	12/31/2024	
	Swimmer Registrations					
	Dec		\$ 4,022.00		\$ 4,606.00	
	Jan		\$ 1,932.00		\$ 2,030.00	
	Feb		\$ 588.00		\$ 630.00	
	Mar		\$ 560.00		\$ 672.00	
	Apr		\$ 518.00		\$ 588.00	
	May		\$ 462.00		\$ 406.00	
	Jun		\$ 406.00		\$ 448.00	
	Jul		\$ 255.00		\$ 228.00	
	Aug		\$ 338.00		\$ 324.00	
	Sep		\$ 344.00		\$ 424.00	
	Oct		\$ 221.00		\$ 176.00	
	Nov		\$ 1,918.00		\$ 2,220.00	
	Subtotal	\$ 11,500.00	\$ 11,564.00	\$ 11,000.00	\$ 12,752.00	\$ 10,800.00
	Interest	\$ 150.00	\$ 1,840.65	\$ 1,800.00	\$ 2,739.02	\$ 1,500.00
	Other Income					
	Dual Sanction Fees	\$ 50.00				
	One Day Registrations	\$ -				
	South Central Zone Reimbursements	\$ 300.00	\$ 378.87	\$ 165.00		
	Club Registrations	\$ 300.00	\$ 420.00	\$ 350.00	\$ 350.00	\$ 336.00
	USMS+ Net Revenue Disbursement		\$ 135.82	\$ 100.00	\$ 154.32	\$ 125.00
	Donations	\$ 300.00	\$ 465.00	\$ 400.00	\$ 641.00	\$ 400.00
	Miscellaneous (credit from Frost Bank)		\$ 148.26			
	Clinic Revenue (from 2022 Josh Davis Clinic)		\$ 608.16			
	Total Income	\$ 12,600.00	\$ 15,560.76	\$ 13,815.00	\$ 16,636.34	\$ 13,161.00
	Expense					
	Gulf LMSC Meetings	\$ 350.00		\$ 300.00	\$ 102.69	\$ 300.00
	Gulf Annual Meeting Refreshments		\$ 354.29	\$ 400.00	\$ 236.94	\$ 400.00
	Travel to Gulf Meetings and Events (28 cents/mile)	\$ 250.00		\$ 250.00		\$ 250.00
	Office Expenses	\$ 250.00	\$ 97.47	\$ 150.00	\$ 26.40	\$ 100.00
	Club Assistant	\$ 720.00	\$ 540.00	\$ 720.00	\$ 720.00	\$ 720.00
	Gulf LMSC - Web Domain	\$ 35.00	\$ 31.16	\$ 35.00	\$ 36.16	\$ 40.00
	Emailing System	\$ 320.00	\$ 215.07	\$ -		\$ -

USMS Annual Meeting Expense	\$ 1,500.00	\$ 1,136.83	\$ -		\$ 2,400.00
USMS Relay Expense	\$ 1,000.00	\$ 886.83	\$ 1,000.00	\$ 1,111.83	\$ 2,400.00
USMS National Coaches Clinic Expense				\$ 250.00	\$ -
South Central Zone Expenses (25 cts x # of swimmers in previous year)	\$ 350.00	\$ 506.04	\$ 225.00		\$ 413.00
Gulf Social Events	\$ 750.00		\$ 750.00		\$ 750.00
Meet Sanction Fees	\$ 300.00	\$ 400.00	\$ 500.00	\$ 350.00	\$ -
Open Water Sanction Fees	\$ 600.00	\$ 325.00	\$ 300.00	\$ 300.00	\$ -
Open Water Swimmer Fees			\$ 450.00	\$ 480.00	\$ 625.00
SMOG	\$ 1,000.00		\$ 500.00		\$ 500.00
Schedule Cards/Artwork	\$ 100.00				
Gulf Swim University Fitness Challenge	\$ 1,000.00	\$ 1,395.93	\$ 1,400.00	\$ 1,911.83	\$ 1,500.00
Other Fitness Events	\$ 1,000.00		\$ 1,000.00	\$ 762.90	\$ 1,000.00
Coaching Certification	\$ 2,500.00	\$ 3,465.00	\$ 1,000.00		\$ 1,000.00
ALTS Certification	\$ 750.00	\$ 415.00	\$ 500.00		\$ 500.00
First Meet Free Reimbursements	\$ 500.00	\$ 560.00	\$ 600.00	\$ 400.00	\$ 600.00
Team Dividends	\$ 4,000.00	\$ 1,284.00		\$ 256.00	
Need Based Registration Rebate (\$10 per member)	\$ 100.00				
Club Registration Fees		\$ 1,400.00	\$ 1,750.00	\$ 1,764.00	\$ 2,100.00
Officers & Chairs Registration Fee Reimbursement			\$ 840.00		\$ -
College Club Swimmer Bridge Fee (\$25/swimmer)	\$ 550.00	\$ 550.00	\$ 1,000.00	\$ 750.00	\$ -
Swim Clinic	\$ 1,500.00	\$ 903.56	\$ 1,000.00		\$ 1,000.00
Clinic Venue/Pool Rental Expense	\$ 500.00		\$ 500.00		\$ 500.00
Open Water Clinics	\$ 500.00		\$ 200.00		\$ 200.00
Gulf LCM Swim Practice				\$ 431.03	\$ 450.00
Diversity & Inclusion Program	\$ 1,000.00	\$ 32.43	\$ 200.00		\$ 300.00
Thanksgiving Swim	\$ 500.00	\$ 200.00	\$ 250.00	\$ 200.00	\$ 250.00
USMS Virtual Championships	\$ 50.00	\$ 36.64	\$ 50.00		\$ 450.00
Awards	\$ 285.00	\$ 265.10	\$ 300.00	\$ 158.66	\$ 300.00
Donations for free pool usage		\$ 250.00	\$ 650.00	\$ 750.00	\$ 1,000.00
Other Expenses					
Annual Meeting Delegate Swim - Bus Rental		\$ 830.00			
Contribution for South Central LC Meet		\$ 500.00			
Total Expense	\$ 22,260.00	\$ 16,580.35	\$ 16,820.00	\$ 10,998.44	\$ 20,048.00
Net Excess (Deficit)	\$ (9,660.00)	\$ (769.59)	\$ (3,005.00)	\$ 5,637.90	\$ (6,887.00)
Actual End-of-Year	budget	current	budget	current	budget